

SMASH THE HYBRID STUDIO

Studio Two

Time	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
8.00 am							
8.30							
9.00							
9.30							
10.00						*Karate	SMASH Training (Crew Member Only)
10.30							
11.00							
11.30						FREE Training Space (Members Only)	
12.00 pm							
12.30							
1.00							
1.30							
2.00							
2.30							
3.00							
3.30							
4.00							
4.30							
5.00							
5.30							
6.00							
6.30							
7.00							
7.30							
8.00	ECX Training	Kixbxx Kick & Punch	Breakdance	Discovery Taekwondo Kids	ITF Taekwondo	* Booking required, so please call SMASH before you come for class Class schedule subject to change without prior notice. Please call / SMS Studio Manager at 016-222 4865 or 03-6141 6335 Log onto www.smash.com.my	
8.30							
9.00							
9.30							
10.00		*Taekwondo Senior Belt	FREE Training Space	*Taekwondo Grading + Belt 3 months	*Ladies Self Defence		
10.30							
11.00							
11.30							
12.00							



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