

YOGA Slim Energy Beauty

2-3A, Jalan PJU 5/11, Dataran Sunway
Tel: 03-6140 7047 SMS: 014-360 9233

Yoga Instructor Certification Course

Learn to teach more than 150 asanas (yoga postures) progressively & 18 other aspects of various streams of Yoga

- ✓ Full Time Programme
- ✓ Part Time Programme

RM 2500

"I'm continually impress by the Yoga Master's wisdom, insight and ability to eloquently and effectively communicate the ideas & view points and I wanted to let Master know that I have profoundly increased my knowledge. It has helped me to experience the power of yoga in practice and it is a great place to begin my journey on the yogic path."

Magdeline Tay
Subang Jaya

"What really impress me is the energy I experience can heal myself & others"

Kelly Gee
Media Manager, KL

SlimYOGA

YOGA



Promotion ends at 31 Oct 2007

RM 288 for 24 sessions

Stress Management Through Yoga

"EVERYONE IS STRESSED"

Stress is a real issue in our daily lives. It could most possibly be the no. 1 cause of all health related deaths in the world.

Therefore, Stress Management is most probably the most needed therapy for the whole mankind! No matter how much money or prosperity you may have but that may not be able to protect against the deadly life eliminating STRESS!

8 days = RM 720

Pilates Instructor Certification Course

RM 1800

Who should attend?

CEO's, Corporate Leaders, Managers, Executives, Teacher, Home Makers to:

- ✓ Seek Self Development & Positive Transformation in Life
- ✓ Learn yoga in the most comprehensive & uplifting manners
- ✓ Unleash your full positive potentials

We accept:



Brought to you by



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Certification awarded by



**Malaysian
Yoga
Society**