

| Time     | Mon                      | Tue                       | Wed                       | Thurs                     | Fri                        | Sat                | Sun            |  |
|----------|--------------------------|---------------------------|---------------------------|---------------------------|----------------------------|--------------------|----------------|--|
| 8.00 am  |                          |                           |                           |                           |                            |                    |                |  |
| 8.30     |                          |                           |                           | Social Fit                |                            |                    |                |  |
| 9.00     |                          | DanceFit In-Line          |                           |                           |                            |                    |                |  |
| 9.30     |                          |                           |                           |                           |                            |                    |                |  |
| 10.00    |                          |                           |                           |                           |                            | *Yoga              | *Yoga          |  |
| 10.30    |                          | Line Dance (Intermediate) |                           | Freestyle In Line (FIL 4) |                            | *Yoga              |                |  |
| 11.00    |                          |                           |                           |                           |                            |                    |                |  |
| 11.30    |                          |                           |                           |                           |                            |                    |                |  |
| 12.00 pm |                          |                           |                           |                           |                            | L.A. Hip Hop       | Freestyle Jazz |  |
| 12.30    |                          |                           |                           |                           |                            | *Breakdance        |                |  |
| 1.00     |                          |                           |                           |                           | Private Class              |                    |                |  |
| 1.30     |                          |                           |                           |                           |                            | *Popping           |                |  |
| 2.00     | Elecoldxhot ECX Training |                           |                           |                           |                            |                    | *Reggae        |  |
| 2.30     |                          |                           |                           |                           |                            | *New Jazz          | *Belly Dance   |  |
| 3.00     |                          |                           |                           |                           |                            | *Kids Disney Moves | *Salsa         |  |
| 3.30     |                          |                           |                           |                           |                            |                    |                |  |
| 4.00     |                          |                           |                           |                           |                            |                    |                |  |
| 4.30     |                          |                           |                           |                           |                            |                    |                |  |
| 5.00     |                          |                           |                           |                           |                            |                    |                |  |
| 5.30     |                          |                           | Freestyle In Line (FIL 1) | Urban Freestyle           |                            |                    |                |  |
| 6.00     |                          |                           |                           |                           |                            |                    |                |  |
| 6.30     |                          | Yoga (Beginners)          |                           | Popping                   |                            | Locking            |                |  |
| 7.00     |                          |                           |                           |                           |                            |                    |                |  |
| 7.30     | Yoga (Intermediate)      | Social Dance              | New Jazz                  |                           | L.A.Hip Hop                |                    |                |  |
| 8.00     |                          |                           |                           | Yoga (Beginners)          |                            |                    |                |  |
| 8.30     |                          |                           |                           |                           |                            |                    |                |  |
| 9.00     | Ladies Hip Hop           |                           | *Belly Dance              |                           | Popping Private Group      |                    |                |  |
| 9.30     |                          | Bronya Training           |                           | *Pole Dance               |                            |                    |                |  |
| 10.00    |                          |                           |                           |                           | *Singles Only Social Dance |                    |                |  |
| 10.30    |                          |                           |                           |                           |                            |                    |                |  |
| 11.00    |                          |                           |                           | Elecoldxhot ECX Training  |                            |                    |                |  |
| 11.30    |                          |                           |                           |                           |                            |                    |                |  |
| 12.00    |                          |                           |                           |                           |                            |                    |                |  |



\* Booking required, so pls call SMASH before class

Class schedule subject to change without prior notice.

Please Call / SMS Studio Manager at 016-222 4865 or 03-6141 6335

Log onto [www.smash.com.my](http://www.smash.com.my)

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